

THE 23RD WORD

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New Beginnings 2008

Our theme for January is **Hope**. Our students remind me of ribbons of hope.

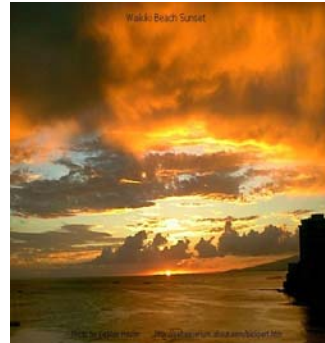
Thanks to your constant love and support here at Pope John XXIII School, I am focusing on the process of acceptance and the affirmation of hope for 2008. Everyone has struggles in life and it's so very easy to get discouraged, however, please join with me to look for the goodness in our world.

While you proceed through your own life and your personal journey with Christ,

choose to look for the goodness around you. Each day is so very important.

On the top of my school computer screen, there is a taped quote from the bible. I had come across it back in October. Arriving back to work this 2008, I read the quote and my jaw dropped. The quote reads, **"Who of you by worrying can add a single hour to his life?"** Those words sure struck a blow with me.

We must let our spirit soar and continue to release any anger or



frustrations that may get in the way of our hope. Make each day at home, in school or in the work place a healing day of love and peace. As we approach Catholic Schools Week, let's all share a unity of love.

BULLYING: VERBAL, PHYSICAL OR RELATIONAL

We missed you! There were open seats at the Tuesday evening program for 4th – 8th grade parents. Dr. Katie Fruhauff, Mrs. Musiala and our own Parish Priests were available to speak to your concerns and thoughts. The night of

sharing spoke to what Pope John XXIII is doing to prevent Bullying in the school. Awareness and communication are key to teaching the value of every individual's self worth. Take time to talk to your children at meal time about their choice of

words and actions. Please take time to read the informative materials sent home regarding the school's anti-Bullying Policy. We can all make a positive difference if we are willing to try! Suggestions and considerations are always welcomed.

| January | Reminders |
|---------------------------|------------------|
| Catholic High School Exam | |
| 8:00 am | 1/12 |
| School Board | 1/15 |
| Market Day Orders Due | 1/18 |
| Biddy B-Ball | Starts 1/19 |
| Martin Luther King's Day | |
| Day Off | 1/21 |
| Parent Ass. | Meets 1/22 |
| Bulls Game | 1/25 |
| Market Day | Pick Up 1/26 |
| Open House | 1/29 |
| Catholic Schools Week | |
| Events | 1/27 Through 2/2 |

Tidbits

Did you get to Navy Pier over the holidays? This new fund-raiser did break even. Thanks K. Chuckas

Thank Michelle Dougherty for our excellent Athletics Budget Account Ledger

Health and Wellness :

- A bad morning doesn't have to equal a bad day.
- When you're feeling stressed out or unhappy, what calms you down? Stop & BREATHE! Try to talk to a friend and remember the good in your life.
- Thoughts from Chicken Soup for the Teenage Soul.